

## 旅行文件

1. 持用任何護照，均須距回程日期六個月以上仍有效。
2. 美國永久居民除護照外尚須攜帶綠卡以便再入境美國。
3. 緊急情況時，美國聯絡人的姓名、電話、地址。
4. 信用卡、電話卡、旅行支票與現金、機票等，分開存放，妥善保管，最好影印留底。
5. 出發前應連絡信用卡公司，通知即將外出旅遊並確認信用額度，確保旅途中能順利使用信用卡。
6. 出發前一刻，務必再檢查，確定證件齊全。
7. 持用美國護照，入境肯亞須有效簽證。雖然可於入境時於機場辦理觀光落地簽證，但最好能行前向肯亞駐美領事館申辦簽證，以免入境時因故延誤。不論行前或入境時辦理，單次入境三個月有效觀光簽證費用為每人 US\$50，由旅客自理。肯亞政府規定護照須保留至少兩頁空白，以供出入境蓋章用，違者將被拒絕登機、入境，甚至罰款、遣返，費用自付。持用其他護照者或詢問入境最新詳情，請查肯亞領事館網站 <http://www.kenyaembassydc.org>

## 醫療 / 保險 / 衛生

1. 本公司建議旅客出發前購買旅遊保險，以確保自身權益，安心旅遊。
2. 黃熱病檢疫：持用美國護照的旅客，由美國出發入境肯亞，只要中途不於黃熱病疫區轉機或停留，無須持有檢疫證明。欲知更多肯亞旅遊預防針及預防疾病的消息，請查詢美國疾病防治中心網站 <http://www.cdc.gov>，或世界衛生組織網站 <http://www.who.int/countries/>。
3. 強烈建議旅客：出發前四至六星期，諮詢您的醫生，瞭解自身狀況，確定您兒時已按期接種一般傳染病疫苗，是否須要追加注射或服用抗瘧疾藥物或疫苗等。
4. 攜帶個人常用藥品，如感冒、胃腸、暈車、消炎、止痛、維他命等，個人處方藥須具註明標籤，以備海關查詢。
5. 備足防蚊蟲藥膏、噴劑、抗瘧疾藥，以及效果好的殺蚊劑、蚊香、蚊帳，謹防蚊蟲叮咬，以避免感染瘧疾。如出現發熱、出冷汗、頭疼、腹痛等症狀，務必及時就醫。
6. 旅途中，如有醫藥健康方面的問題，請隨時告訴司機導遊，我們會盡力協助。

## 海關

入境肯亞，嚴禁攜帶非法藥物、毒品、槍械武器、肉類、蔬菜、水果、土壤、仿冒品、色情物品等。

## 貨幣 / 信用卡

1. 肯亞的官方貨幣為肯亞先令(Kenyan Shilling)，書面縮寫為 KES(或 KSh, Shs, 或在數目後加/=)。1 Shilling=100 Cents。紙幣發行面額為 50, 100, 200, 500, 和 1000 先令。硬幣分為 1, 5, 10, 20 先令。奈洛比國際機場的銀行提供 24 小時外幣兌換服務，按當天兌換率兌換。按 2019 年 10 月兌換匯率約為：1.00 USD = 103.60 KES。
2. 當地銀行時間：週一至週五 9:00AM-3:00PM，部份銀行

週六 9:00AM-11:00AM 亦開門營業。

3. 大都市的大型商店、餐廳、酒店、機場多接受一般信用卡 (Visa, Master Card, American Express)；但通常美元現金比旅行支票或信用卡來得方便，應帶足旅費，隨身多攜帶當地小額零錢，方便使用，剩餘的錢小心收好。

## 行李

1. 有關行李的費用及保險，概由旅客自行承擔。行李規定因航空公司而異，並可能隨時調整，出發前請自行至所搭乘之航空公司網站查詢，行李超過規定件數或尺寸所產生的額外費用，亦請旅客自付。
2. 為了旅途方便，旅客行李應力求精簡，並預留空間存放沿途購買之物。因長途旅行會多次搬運，行李箱應堅固耐用，附滑輪、安全鎖（建議使用美國運輸安全局 TSA 認證的安全鎖）以及本公司提供之行李牌（上面寫明英文姓名、美國地址、電話及團體號碼）。
3. 行李規定：考量肯亞當地路況以及旅遊車行李空間有限等因素，每位旅客限攜帶大行李一件（建議以較耐摔的布面或軟殼行李箱為宜）、隨身手提一小件，超出限額的行李將收取費用。
4. 貴重物品及個人處方藥品應隨身攜帶。
5. 夫妻及家人物品可考慮混合置於各箱內，以免行李延誤或遺失等突發狀況時造成不便。
6. 有關美國機場安檢須知及安全鎖，行前請參看美國運輸安全局網站：<http://www.tsa.gov>

## 購物

1. 當地司機導遊樂意協助旅客在旅途中的購物需求，然而任何有關貨物價格、品質或售後服務等，純屬旅客與商家之間，請旅客購買前仔細考量，購後自行負責。
2. 肯亞特產：提籃、雕飾、布料、紅茶、咖啡、堅果等。
3. 在肯亞購物，討價還價被認為是一種理所當然的商業技能，也是一種樂趣，旅客不必擔心被認為是一種冒犯。
4. 攜帶外國商品入境美國，請遵照美國海關規定。

## 飲食

膳食安排如行程中註明，大多數的旅館和渡假村提供的是歐式餐食，早餐和午餐為自助式，晚餐則多為精選套餐。肯亞氣候乾燥，應多喝水，多數的原野旅館會每天供應瓶裝水，而且購買瓶裝水很方便，不要生飲自來水，避免食用路邊攤。

## 語言

肯亞的國家語言是斯瓦希里語(Swahili)，多數人通常在家說各自部落的語言，公開場合則使用斯瓦希里語，英語相當普遍。

## 攜帶服裝及物品

衣著以輕便、實用、舒適為主。

1. 肯亞日照強，白天炎熱，早晚較冷，早晨一般多雲，越

近中午陽光越強，任何季節最好穿著輕薄棉質、可防蚊蟲叮咬的長袖衣服及長褲為宜，外加一件保暖禦寒的外套，天氣轉變時，穿脫較方便。

2. 個人洗滌用品，便鞋、運動鞋、拖鞋或涼鞋。
3. 攜帶遮陽帽、太陽眼鏡、手電筒、望遠鏡、系數較高的防曬霜、潤膚霜、洗手液等。

### 時差

肯亞不實施夏令日光節約時間。美國夏令日光節約期間，肯亞當地時間較洛杉磯（美西時間）早 10 小時，較紐約（美東時間）早 7 小時。

### 電器

肯亞電流的電壓是 220/240 伏特，50Hz，插座是 3 向方頭。旅客宜自備國際變壓器和轉換插頭、吹風機、刮鬍刀、照相機充電器等。所有旅館均自備發電機，供電時間限 5:00am-9:00am, 4:00pm-1:00am。旅客每次獵遊活動回到旅館，記得錄相機要馬上充電。

### 國際電話 / 緊急號碼

1. 肯亞的國際冠碼 000，國碼 254；  
美國的國際冠碼 011，國碼 1  
從肯亞撥回美國: 000+1+受話區域號碼+受話電話號碼  
從美國撥至肯亞: 011+254+受話區域號碼+受話電話號碼
2. 美國駐肯亞大使館網站 <http://ke.usembassy.gov>，  
電話(254) (20) 363-6000

### 小費

團費不包括小費。小費是一般國際禮儀，但絕非強制性，目的在鼓勵和獎勵優質的服務，也是旅客在接受各項服務後，表示謝忱的一種方式。若有服務不週之處，歡迎旅客不吝來電或來函指正，本公司將善盡督導之責，責令當地單位全力改善。以下為肯亞旅遊小費標準(以美金計)，您可參酌情況適當增減。

給旅館服務員：每人每天\$2.00 - \$4.00

給行李服務員：每件\$1.00

給司機、導遊和園區嚮導：每人每天共\$12 - \$15

### 氣候

肯亞位於非洲東部，橫跨赤道，與衣索匹亞、索馬利亞、南蘇丹、坦尚尼亞、烏干達接壤。境內分成幾個不同氣候區，東海岸一帶較溼熱，奈洛比一帶較乾爽，肯亞山一帶較寒冷，山布魯和馬賽馬拉一帶氣候雖溫和，但清晨氣溫低。總體而言，肯亞日照充足，四月到六月、十一月到十二月是雨季，每到雨季，下午和晚間常會有短暫陣雨。

### 主要城市的平均氣溫（華氏）F°

| 主要城市        |   | Jan | Feb | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov | Dec |
|-------------|---|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| 奈洛比 Nairobi | H | 76  | 78  | 78  | 75  | 73  | 71  | 69  | 71  | 75  | 77  | 74  | 74  |
|             | L | 53  | 53  | 56  | 57  | 56  | 52  | 50  | 50  | 51  | 55  | 56  | 55  |
| 納庫魯 Nakuru  | H | 81  | 82  | 82  | 78  | 77  | 76  | 75  | 76  | 78  | 78  | 76  | 78  |
|             | L | 48  | 49  | 50  | 53  | 52  | 51  | 50  | 50  | 48  | 48  | 50  | 48  |

### 獵遊安全

1. 為了您自身的安全，到野生動物區遊覽，須嚴格遵守園區規定。在這裡，毫無疑問的您將會遇見許多危險的野生動物，如獅子、犀牛、水牛、大象等，請您務必保持適當距離，嚴禁任意下車！不得餵食動物！
2. 非洲大陸毒蛇很多，雖然看到的機會不多，但牠們確實存在，遊客應小心提防。進入叢林最好穿上長統靴、厚襪、長袖衣服和長褲，防止跳蚤、蟲子、蚊蟲的叮咬，並且特別留神您所在的位置，免得走失。
3. 到野生動物區遊覽，應穿中性顏色的衣服，如棕色、米色和土黃色。白色和其他鮮艷的顏色會令動物不安；應穿長袖衣褲，以防被叢林中的蚊蟲叮咬，感染瘧疾。
4. 嚴禁在野外河流裡游泳。

### 其他注意事項

1. 出外旅遊首重安全，應隨時留意自己的行李，貴重物品包括錄相機、望遠鏡等請隨身攜帶，或託放至飯店保險箱，切勿放置車上。
2. 尊重導遊及其他遊客的權益，當導遊解說時，仔細聆聽，保持安靜。
3. 肯亞治安在非洲是比較好的，夜間或自由活動時間外出，請告知導遊，攜帶印有地址和電話的酒店名片，以防迷路，最好能結伴同行，不單獨活動，注意安全，避免危險地區及靠近索馬利亞邊境等。
4. 住宿飯店時，請隨時將房門扣上安全鎖，以策安全。
5. 尊重肯亞法律規定和當地人的習俗，嚴禁拍攝總統、警察、士兵、監獄、軍事基地、機場等敏感題材。攝影時，應事先取得當事人同意，始能拍照，以免造成糾紛！
6. 為了您的利益，行前請詳讀行程表說明，將日程及旅館酒店等資料留一份供家人參考或聯絡。
7. 出外旅遊須參與者的合作與配合，旅途中請切實遵守規定之集合時間與地點，**佩戴本公司提供之胸章**，以利當地代表辨識及協助。搭乘美國國內班機，須於至少兩小時前抵達機場，國際班機須於至少三小時前抵達機場，以便從容通過機場安檢。任何班機延誤、取消或其他的緊急狀況，請立即與勵馳旅遊名人假期連絡：

美國 / 上班時間 (Mon-Fri, 9am-5:30pm)

總公司 (626)289-2450

洛杉磯分公司 (626)289-1010

舊金山分公司 (650)259-9983

紐約分公司 (212)973-1998

美國 / 下班時間 (626)592-8448

## Travel Documentation

1. Passports must be valid for at least 6 months from the return date of your trip.
2. U.S. Resident Aliens need both passport and Alien Resident Card for re-entry to the United States.
3. Carry emergency contact person's name, address and telephone number with you.
4. Keep travel documents, passport, personal necessities and valuables with you at all time and make a copy of them.
5. It is suggested to inform your credit card company of your traveling and to confirm your credit line prior to departure.
6. Be sure you have all the necessary documents and money before leaving for the airport.
7. U.S. passport holders to Kenya require valid entry visas which may be obtained in advance, or at the airport upon arrival. The fee is US\$50 for single-entry tourist visa (valid for three months from date of issue) whether obtained in advance or at the airport upon arrival. However, it's advisable to obtain visa from Kenya Embassy in the US prior to departure. Kenya law also requires all travelers to have at least two blank visa pages in passports for entry stamps. Travelers without the requisite blank visa pages in their passports may be refused entry, fined, and returned to their point of origin at their own expense. For the latest entry requirements and non-US passport holders please check Kenya Embassy's website before traveling <http://www.kenyaembassydc.org>

## Health & Medical Matters

1. Travelers are strongly advised to purchase travel insurance prior to departure for your own protection.
2. Health requirements for entry into Kenya may depend on the country of origin and countries visited en route. Evidence of Yellow Fever immunization is not required for US travelers to enter Kenya directly from North America as these countries are outside the Yellow Fever area. For the latest Information on vaccinations and other health precautions for travelers, you may check the website of the CDC (Centers for Disease Control) <http://wwwnc.cdc.gov>, or the WHO (World Health Organization) website <http://www.who.int/countries/>
3. Consult your doctor for existing medical conditions four to six weeks before you leave. Vaccination is one of the best ways to reduce the infectious risk. Ensure your routine childhood vaccinations are up to date. Some vaccinations may require booster doses. Ask your doctor and get the boosters.
4. If you are taking prescription medication, pack in your hand luggage sufficient quantity for the duration of the trip and make sure it is fully labeled. Pack a small medical kit including any basic remedies that you may need, such as antacids, painkillers, medicines for flu, indigestion, car sick, vitamins, insect bites, etc.
5. In Africa, malaria is found in some areas. If you travel to a malaria-risk area you must take prevention drugs and avoid mosquito bites (wear long sleeves, long trousers and socks; apply insect repellent; use mosquito-proof bed net and mosquito mats or coils at night; stay indoors between dusk and dawn).
6. In case of illness during your trip, please notify your driver/guide for immediate assistance.

## Kenya Customs

Drugs, firearms, weapons, counterfeit goods, meats, plants, fruits, plants, soil, and pornographic materials are prohibited.

## Money Matters

1. The official currency is the Kenya Shilling. The written abbreviation is either KES, KSh, Shs or using /= after the amount. One Shilling equals to 100 cents. Notes are available in the denominations of 1000, 500, 200, 100, 50. Coins are available in denominations of 20, 10, 5, 1. As of October, 2019, the exchange rate is: 1.00 USD = 103.60 KES.
2. Banks are open from 9:00am to 3:00pm Monday to Friday. Some branches open on Saturdays from 9:00am to 11:00am. Many banks are now equipped with 24 hour ATM machines.
3. Most major credit cards are accepted throughout Kenya. Foreign currency may be exchanged 24 hours at the international airports. It is advisable to carry local money with you for small payments during the tour.

## Baggage

1. Baggage charge and insurance are at the owner's responsibility. Baggage allowance varies by airline and is subject to change at any time. For up to date baggage allowance restrictions and fees, always check with your airline before traveling.
2. Do not over pack, leave space for purchases in Kenya. To avoid over-loading your suitcase, the less is the better. Any luggage must have a lock (TSA approved locks are recommended) and a luggage tag showing the name and contact information of the owner. **(Use Peony Tours tags for easy identification)**
3. Baggage allowance in Kenya: Baggage is at the owner's risk throughout. Due to Kenya's road condition and limited capacity of luggage storage in transportation, passengers are allowed to bring one suitcase (Soft suitcase or travel bag is recommended) and one carry-on bag per person. Any excessive baggage will cause additional charges.
4. DO NOT pack medicine, valuables or other personal necessities in checked luggage. Keep them in carry-on bag.
5. Consider packing one change of clothing, one set of underwear and toiletry in your carry-on bag to avoid inconvenience caused by delayed or lost luggage.
6. Consult [www.tsa.gov](http://www.tsa.gov) for the TSA approved locks and USA restrictions on baggage.

## Shopping

1. Although your Kenyan driver/guides are happy to assist you with any shopping requirements, Peony Tours does not assume responsibility for any items purchased at shops while on tour. You are never required to purchase any items while on tour and must be responsible for your own purchases. Any after sales correspondence must be between you and the shop in question.
2. Kenya has a wealth of fascinating shops for curio, clothes, arts and crafts including bead-work, wood-carvings, metal jewelry and basket wares.
3. Shopping in Kenya, bargaining is almost always the order of the day. To approach this with a sense of humor and a friendly attitude is your best option.
4. Observe US Customs restrictions when bringing in goods from tour.

## Drinking Water/Food

Meals are provided as per itinerary. In general, the food served in hotels and lodges is European food. Breakfast and lunch are buffet and dinner is usually a set menu. It is advisable to drink plenty of water in the heat and drink only sealed bottle mineral water which is available almost everywhere and is to be paid for. In most safari lodges, a bottle of drinking water will be provided every day on your bedside table.

### Language

The official language in Kenya is Swahili (a mixture of African, English and Arabic). English is popular in the travel industry.

### Clothing / Things to Bring

Casual, lightweight, and comfortable clothing is usually the best.

1. Kenya is a cold country with a hot sun, as the blend of high altitudes and tropical sun make for a unique and variable climate. This should be kept in mind when packing for a visit. Basically travelers should come prepared for hot, cold wet and dusty conditions. A warm jacket is recommended for the early morning, morning, and evening game drives.
2. Wear good walking shoes and comfortable sandals.
3. Bring a sun-hat, sun-glasses, flash light, plenty of sun-block lotion with high protection factor, binoculars and sanitizer.

### Time Differentials

Kenya does not utilize Daylight Saving Time. In Daylight Saving Time of the United States, Kenya is 10 hours ahead of Los Angeles (PST) and 7 hours ahead of New York (EST).

### Electricity

Domestic supply is 220/240 volts 50Hz. Plugs are 3 points square. It is advised that you bring your own voltage and plug adaptors where appropriate for your video camera or any other electrical advice. Since the electricity is provided by generators in all lodges in the parks, the electricity comes at 5:00am and goes at 9:00am. Comes again at 4:00pm and goes at 1:00am. Please recharge your video camera immediately after game drives.

### International Call & Emergency Info

1. Kenya: International access code is 000, country code is 254  
USA: International access code is 011, country code is 1
  - Dial to USA from Kenya: 000 + 1 + City code + Local No.
  - Dial to Kenya from USA: 011 +254 + City code + Local No.
2. American Consulate in Kenya: <http://ke.usembassy.gov>  
Office hours: (254) (20) 363-6000

### Tipping

Gratuities are not included in your tour cost. They are customary, and their purpose is to encourage and reward quality service. It is NEVER mandatory. In Kenya, the standard of tipping is as follows: For hotel/lodge/camp staff: US\$2.00-\$4.00 per guest per day; For porters: US\$1.00 per bag; For safari driver-guides and tour escort (if applicable): US\$12-US\$15 per guest per day. However, please do not hesitate to seek local advice on tipping and remember that tips are generally given only for good, attentive service and paid only on final completion of service.

### Weather

During your safari to Kenya you may cross several weather zones: Mombasa and the Coast – hot and humid, Nairobi – cool and dry, Mt. Kenya – chilly, Samburu and the Masai Mara – pleasant

weather but chilly during the early morning game drives, Tsavo and Amboseli – pleasant. If you travel during rainy seasons (November - December and April – June), expect rains everywhere. Prepare your clothes accordingly.

### Safety on Safari

1. All reserves have a set of rules that you need to follow to ensure your safety. Many of the animals you'll come across, particularly lion, elephant and buffalo are dangerous. Never get out of your jeep without permission. Never feed the wild animals. Do not attempt to go for walks when staying in game lodges.
2. Africa has its fair share of poisonous snakes—though they are rarely encountered. If you plan on doing any walking, take along boots, socks and long trousers as a precautionary measure (which also helps with ticks) – and always look where you're going.
3. On Safari, casual, neutral colored, cotton clothing (no bright colors or whites), lightweight trousers, slacks, and shirts are recommended.
4. Avoid swimming in the wild rivers.

### General Tips

1. Keep eyes on your personal belongs and valuables at all times. Do not leave valuables including cameras and binoculars anywhere. Make use of hotel/lodge safes as much as possible.
2. Respect other tourist and your driver/guide. Refrain from talking when your driver/guide is speaking.
3. Safety of travelers has always been our number one concern. For your safety, you should notify driver/guide ahead of time if you plan to go out at free time.
4. Always be cautious when staying at a hotel/lodge. Never allow strangers into your room. Keep doors locked at all times.
5. In Kenya, photographing the president, police, soldiers, military installations, prisons, prisoners and airports is not allowed. Always enlist the cooperation of your subject before photographing strangers. Ask your driver/guide for advices on this.
6. For the protection of your own interests, read carefully your travel materials prior to the tour. Leave a copy to your family.
7. A nice and smooth trip counts on every tour member's high cooperation. It is important to follow the indicated meeting time and meeting point. Use the red round name badge provided by Peony Tours for easy identification. To make your trip as enjoyable as possible, allow enough time for flight check-in, security screening and boarding: 2 hours for US domestic travel, 3 hours for international travel. For flight delay, cancellation, or any emergency in the United States, please contact Peony Tours immediately:

#### USA- During Office Hours (Mon-Fri, 9am – 5:30pm)

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|--------------|---|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| Nairobi      | H | 76  | 78  | 78  | 75  | 73  | 71  | 69  | 71  | 75  | 77  | 74  | 74  |
|              | L | 53  | 53  | 56  | 57  | 56  | 52  | 50  | 50  | 51  | 55  | 56  | 55  |
| Nakuru       | H | 81  | 82  | 82  | 78  | 77  | 76  | 75  | 76  | 78  | 78  | 76  | 78  |
|              | L | 48  | 49  | 50  | 53  | 52  | 51  | 50  | 50  | 48  | 48  | 50  | 48  |